# Medical Drug Clinical Criteria

Subject: Botulinum Toxin

**Document #:** CC-0032 **Publish Date**: 07/24/2024

Status: Revised Last Review Date:/ 06/10/2024

## **Table of Contents**

Overview Coding References

<u>Clinical criteria</u> <u>Document history</u>

## **Overview**

This document addresses the use of botulinum toxin agents: Daxxify (daxibotulinumtoxinA-lanm), Dysport (abobotulinumA), Xeomin (incobotulinumtoxin A), Botox (onabotulinumtoxin A), and Myobloc (rimabotulinumtoxin B).

Botulinum is a family of toxins produced by the anaerobic organism Clostridia botulinum. There are seven distinct serotypes designated as type A, B, C-1, D, E, F, and G. In this country, four preparations of botulinum are available, produced by two different strains of bacteria: type A (Botox [onabotulinumtoxinA], Dysport [abobotulinumtoxinA], and Xeomin [incobotulinumtoxinA]) and type B (Myobloc [rimabotulinumtoxinB]). When administered intramuscularly, all botulinum toxins reduce muscle tone by interfering with the release of acetylcholine from nerve endings. However, it should be noted that these drugs are not interchangeable and the potency ratios for dosing cannot be converted. Careful adherence to the specific instructions for dosing in the package insert is recommended.

The U.S. Food and Drug Administration (FDA) approved label for Botox states that it is indicated for the treatment of cervical dystonia in adults to reduce the severity of abnormal head position and neck pain; severe primary axillary hyperhidrosis that is inadequately managed with topical agents; strabismus and blepharospasm associated with dystonia, including benign essential blepharospasm or facial nerve (VII nerve) disorders in individuals older than 12 years; urinary incontinence due to detrusor overactivity associated with a neurologic condition in adults who have an inadequate response to or are intolerant of an anticholinergic medication; overactive bladder with symptoms of urge urinary incontinence, urgency, and frequency in adults who have an inadequate response to or are intolerant of an anticholinergic medication; neurogenic detrusor overactivity in children 5 years of age and older who have an inadequate response to or are intolerant of an anticholinergic medication; prophylaxis of chronic migraine headaches in adults; spasticity in individuals 2 years of age and older; and several cosmetic indications including the temporary improvement in the appearance of moderate to severe glabellar lines associated with corrugator and/or procerus muscle activity, moderate to severe lateral canthal lines (associated with orbicularis oculi activity), and moderate to severe forehead lines (associated with frontalis muscle activity) in adults less than or equal to 65 years of age.

The FDA approved label for Myobloc states it is indicated for the treatment of cervical dystonia to reduce the severity of abnormal head position and neck pain in adults and for the treatment of chronic sialorrhea in adults.

The FDA approved label for Dysport specifies that it is indicated for the treatment of cervical dystonia in adults; spasticity in adults and in pediatric patients 2 years of age and older; and the temporary improvement in the appearance of moderate to severe glabellar lines in adults younger than 65 years of age.

Xeomin received FDA approval for the treatment of cervical dystonia in adults; blepharospasm in adults; upper limb spasticity in adults; excessive salivation (chronic sialorrhea) in individuals 2 years of age and older; upper limb spasticity in pediatric patients 2 to 17 years of age, excluding spasticity caused by cerebral palsy; and the temporary improvement in the appearance of moderate to severe frown lines between the eyebrows (glabellar lines) in adults.

Daxxify received FDA approval for the temporary improvement in the appearance of moderate to severe glabellar lines associated with corrugator and/or procerus muscle activity in adults and for the treatment of cervical dystonia in adults.

Dystonia is a general term describing a state of abnormal or disordered tonicity of muscle. As an example, achalasia is a dystonia of the lower esophageal sphincter, while cervical dystonia is also known as torticollis. Spasticity is a subset of dystonia, describing a velocity-dependent increase in tonic-stretch reflexes with exaggerated tendon jerks. Spasticity typically is associated with injuries to the central nervous system. Spasticity is a common feature of cerebral palsy. Since its FDA approval in 1991, Botox has been used for a wide variety of off-label indications; all associated with dystonia, ranging from achalasia, spasticity after strokes, cerebral palsy, and anal fissures. In addition to widening indications, Botox has also been used in children under 12, particularly for the treatment of cerebral palsy and is now FDA approved to treat various conditions in the pediatric population.

Botulinum toxin has been utilized for many other conditions including anismus (pelvic floor dyssynergia), Behcet's syndrome, benign prostatic hyperplasia, brachial plexus palsy, carpel tunnel, myofascial pain syndrome, Raynaud's syndrome, atypical facial pain (also

known as persistent idiopathic facial pain [PIFP]), low back pain, Tourette's syndrome and Parkinson's disease. There is limited evidence for efficacy of botulinum toxin in these conditions.

Botulinum toxin agents have black box warnings regarding the potential for distant spread of toxin effect. This can produce symptoms including asthenia, generalized muscle weakness, diplopia, ptosis, dysphagia, dysphonia, dysarthria, urinary incontinence and breathing difficulties. These symptoms have been reported hours to weeks after injection. Swallowing and breathing difficulties can be life threatening and there have been reports of death. The risk is likely greatest in children treated for spasticity but can also occur in adults.

Dysport contains lactose as an inactive ingredient. Individuals with a severe milk protein allergy should avoid use due to the risk of anaphylactic reactions.

Botulinum toxin agents are not interchangeable and dosing units of one agent cannot be converted or compared to dosing units of another botulinum toxin agent.

## **Clinical Criteria**

When a drug is being reviewed for coverage under a member's medical benefit plan or is otherwise subject to clinical review (including prior authorization), the following criteria will be used to determine whether the drug meets any applicable medical necessity requirements for the intended/prescribed purpose.

#### **Botulinum Toxin**

Requests for botulinum toxin may be approved if the following criteria are met:

- . Individual has one of the following diagnoses:
  - A. Disorders listed below if associated with spasticity or dystonia:
    - 1. Blepharospasm; OR
    - 2. Cerebral palsy; OR
    - 3. Facial nerve (VII) dystonia; OR
    - 4. Hemifacial spasm; OR
    - Hereditary spastic paraparesis; OR
    - 6. Idiopathic torsion dystonia; OR
    - 7. Lower limb spasticity; OR
    - 8. Multiple sclerosis; OR
    - 9. Neuromyelitis optica; OR
    - 10. Organic writer's cramp; OR
    - 11. Orofacial/oromandibular dystonias including jaw closure dystonia and Meige's syndrome; OR
    - 12. Schilder's disease; OR
    - Spasmodic dysphonia or laryngeal dystonia (a disorder of speech due to abnormal control of the laryngeal muscles present only during the specific task of speaking); OR
    - 14. Spastic hemiplegia; OR
    - 15. Spasticity related to stroke, spinal cord injury, or traumatic brain injury; **OR**
    - 16. Dystonia-associated strabismus; OR
    - 17. Symptomatic torsion dystonia; OR
    - 18. Other forms of upper motor neuron spasticity; **OR**
    - 19. Upper limb spasticity; **OR**
  - B. Achalasia, including but not limited to internal anal sphincter achalasia with abnormal rectoanal inhibitory reflex (RAIR) or internal anal sphincter hypertonicity shown by anorectal manometry (ARM) (Irani 2008); **OR**
  - C. Anal fissures: **OR**
  - D. Significant drooling in individuals who are unable to tolerate anticholinergic therapy (ex. glycopyrrolate, scopolamine); OR
  - E. Idiopathic overactive bladder in adults who are unresponsive or intolerant of a trial of anticholinergic therapy; **OR**
  - F. Neurogenic overactive bladder (also referred to as detrusor overactivity or detrusor sphincter dyssynergia) that is inadequately controlled with anticholinergic therapy; **OR**
  - G. Hirschsprung disease and associated functional obstruction caused by the inability of the internal anal sphincter to relax after prior surgical treatment;

#### OR

- II. Individual has a diagnosis of cervical dystonia (spasmodic torticollis) of moderate or greater severity; AND
- III. Individual is requesting initial treatment; AND
- IV. Individual has a history of recurrent clonic or tonic involuntary contractions of one or more of the following muscles: sternocleidomastoid, splenius, trapezius or posterior cervical muscles; **AND**
- V. Abnormal posturing, with limited range of motion in the neck, or sustained head tilt; **AND**
- VI. The duration of the condition is greater than 6 months;

- VII. Individual has a diagnosis of cervical dystonia (spasmodic torticollis) of moderate or greater severity; AND
- VIII. Individual is requesting subsequent injections; AND
- IX. There is clinically significant improvement or stabilization in clinical signs and symptoms of the disease;

## OR

- Individual has a diagnosis of chronic migraine headaches; AND
- XI. Individual is requesting initial treatment; AND
- XII. Individual has 15 (fifteen) or more headache-days per month for more than 3 months, which, on at least 8 days per month, has features of a migraine headache (ICHD-3);

#### AND

- XIII. If individual is also currently using a calcitonin gene-related peptide (CGRP) agent for chronic migraine prophylaxis and is going to be using CGRP and botulinum toxin together (i.e., not switching from one agent to another), the following must apply:
  - A. Individual has had a reduction in the overall number of migraine days or reduction in number of severe migraine days per month with CGRP use; **AND**
  - B. Individual continues to experience a significant number of migraine headache days or severe migraine days per month requiring additional therapy for migraine prevention;

## Initial approval duration for chronic migraine headaches: 6 months

#### OR

- XIV. Individual has a diagnosis of chronic migraine headaches; AND
- XV. Individual is requesting continued treatment; AND
- XVI. Individual has completed an initial 6-month trial the following criteria are met:
  - A. Individual has a reduction in the overall number of migraine days or reduction in number of severe migraine days per month;

#### AND

- B. Individual has obtained clinical benefit deemed significant by individual or prescriber including any of the following (AHS 2021):
  - 1. 50% reduction in frequency of days with headache or migraine; **OR**
  - 2. Significant decrease in attack duration; OR
  - 3. Significant decrease in attack severity; OR
  - 4. Improved response to acute treatment: **OR**
  - 5. Reduction in migraine-related disability and improvements in functioning in important areas of life; OR
  - 6. Improvements in health related quality of life and reduction in psychological stress due to migraine;

## AND

- C. If individual is using concurrently with a CGRP agent for migraine prophylaxis, the following must apply:
  - Individual has had further reduction in the overall number of migraine days or reduction in number of severe
    migraine days per month compared to monotherapy with the initial agent (either botulinum toxin or the CGRP
    agent);

#### Renewal approval duration for chronic migraine headaches: 1 year

#### OR

- XVII. Individual has a diagnosis of primary hyperhidrosis; AND
- XVIII. Individual has failed a 6 month trial of any one or more types of non-surgical treatment (for example, topical dermatologics such as aluminum chloride, tannic acid, glutaraldehyde or anticholinergics, systemic anticholinergics, tranquilizers or non-steroid anti-inflammatory drugs); **AND**
- XIX. Individual has one of the following:
  - A. Presence of medical complications or skin maceration with secondary infection; OR
  - B. Significant functional impairment (including but not limited to social, occupational, physical or emotional impairment), as defined by frequent interference with daily activities;

# OR

- XX. Individual has a diagnosis of secondary hyperhidrosis; AND
- XXI. Condition is related to surgical complications; AND
- XXII. Individual has one of the following:
  - A. Presence of medical complications or skin maceration with secondary infection; OR
  - B. Significant functional impairment (including but not limited to social, occupational, physical or emotional impairment), as defined by frequent interference with daily activities.

- I. Individual is using for skin wrinkles or other cosmetic indications; **OR**
- II. Individual has headache diagnosis other than chronic migraine (example, tension, episodic migraine [14 migraine days per month or less], or chronic daily headaches); **OR**
- III. Individual has any diagnosis not listed as an approvable diagnosis, including, but not limited to, the following:
  - A. Anismus (pelvic floor dyssynergia); OR
  - B. Behcet's syndrome; OR
  - C. Benign prostatic hyperplasia; OR
  - D. Brachial plexus palsy; OR
  - E. Carpal tunnel syndrome; OR
  - F. Chronic motor tic disorder; OR
  - G. Disorders of the esophagus (except as listed above in the approvable section); OR
  - H. Epicondylitis; OR
  - I. Fibromyalgia/fibromyositis; OR
  - J. Gastroparesis; **OR**
  - K. Low back pain; OR
  - L. Myofascial pain syndrome; OR
  - M. Neck pain not related to conditions mentioned above; OR
  - N. Nystagmus; OR
  - O. Parkinson's disease; OR
  - P. Post-mastectomy reconstruction syndrome; OR
  - Q. Reynaud's syndrome; **OR**
  - R. Sphincter of Oddi dysfunction; OR
  - S. Stuttering; **OR**
  - T. Tics associated with Tourette's Syndrome; OR
  - U. Tinnitus; OR
  - V. Tourette's Syndrome; OR
  - W. Tremors; OR
  - X. Urinary and anal sphincter dysfunction (except as listed above in the approvable section); OR
  - Y. Vaginismus; **OR**
  - Z. Whiplash-related disorders; OR
  - AA. Zygomatic fractures.

# **Quantity Limits**

**Botulinum Toxin Quantity Limits\*** 

Drug	Limit Per Indication	Maximum
		amount
		allowed for
		indication*
Botox	Idiopathic Overactive Bladder: 100 units as frequently as every 12 weeks	100 units
(onabotulinumtoxinA) 100 unit, 200 unit vial  NOTE: follow indication- specific dosage and administration recommendations; in a 3 month interval do not exceed a total dose [cumulative for all indications treated] of:  Adults: 400 units Pediatrics: the lesser of 10 units/kg or 340 units	Neurogenic Overactive Bladder (including neurogenic detrusor overactivity in children age 5 and older): 200 units as frequently as every 12 weeks	200 units
	Chronic Migraine: 155 units as frequently as every 12 weeks	200 units
	Cervical Dystonia: 400 units§ as frequently as every 12 weeks	400 units
	Axillary hyperhidrosis: 50 units per axilla as frequently as every 8 weeks	100 units
	Blepharospasm: 200 units as frequently as every 12 weeks	200 units
	<b>Dystonia-associated strabismus:</b> 25 units per muscle; as frequently as every 12 weeks	100 units
	<b>Upper limb spasticity in adults:</b> Dose selected based on muscles affected, severity of muscle activity, prior response to treatment and adverse event history (maximum dose 400 units) as frequently as every 12 weeks	400 units
	<b>Lower limb spasticity in adults:</b> 300 units to 400 units divided across lower limb muscles as frequently as every 12 weeks	400 units
	<b>Upper limb spasticity in pediatric patients:</b> 3 Units/kg to 6 Units/kg (maximum 200 Units) as frequently as every 12 weeks	200 units
	<b>Lower limb spasticity in pediatric patients:</b> 4 units/kg to 8 units/kg (maximum 300 units) as frequently as every 12 weeks	300 units
	Achalasia: 100 units as frequently as every 12 weeks (DP)	100 units
	Hemifacial spasm: 25 units as frequently as every 12 weeks (DP)	100 units
	Spasmodic Dysphonia: 25 units as frequently as every 12 weeks (DP)	100 units
	Other indications: Up to 400 units as frequently as every 12 weeks	400 units
Daxxify (daxibotulinumtoxinA-		
lanm) 50 unit, 100 unit vial	<b>Cervical Dystonia:</b> 125 to 250 units as a divided dose among affected muscles as frequently as every 3 months	250 units 4

Dysport	Upper and lower limb spasticity in adults: 1500 units (cumulative for all treated	1500 units
(abobotulinumtoxinA) 300	muscles) as frequently as every 12 weeks	
unit, 500 unit vial	Cervical Dystonia: 1000 units as frequently as every 12 weeks	1000 units
	Other indications: Up to 1500 units as frequently as every 12 weeks	1500 units
	Upper limb spasticity in pediatric patients: 8 units/kg to 16 units/kg per limb;	
	maximum per treatment session 16 units/kg or 640 units, whichever is lower; as	800 units
	frequently as every 16 weeks	
	Lower limb spasticity in pediatric patients: 10 units/kg to 15 units/kg; total dose	
	must not exceed 15 units/kg for unilateral lower limb or 30 units/kg for bilateral	1000 units
	injections or 1000 units, whichever is lower; as frequently as every 12 weeks	
	Blepharospasm: 120 units per eye as frequently as every 12 weeks (DP)	300 units
	Hemifacial spasm: 220 units as frequently as every 12 weeks (DP)	300 units
Myobloc	Cervical dystonia: Initial dose of 2,500 – 5,000 units divided among effected	10,000 units
(rimabotulinumtoxinB)	muscles as frequently as every 12 weeks; subsequent doses should be based on	
2500 unit, 5000 unit,	individual response to treatment, up to 10,000 units as frequently as every 12 weeks	
10000 unit vial	Chronic sialorrhea in adults: 1,500 – 3.500 units (500 units – 1,500 units per	5000 units
	parotid gland and 250 units per submandibular gland) as frequently as every 12	
	weeks	
	All other Indications: 10,000 units as frequently as every 12 weeks	10,000 units
Xeomin	Cervical dystonia: Initial dose of 120 units as frequently as every 12 weeks;	
(incobotulinumtoxinA) 200	subsequent doses should be based on past dose, response to treatment, duration of	400 units
unit, 100 unit, 50 unit vial	effect and adverse event history; up to 400 units as frequently as every 12 weeks	
	Chronic sialorrhea: 100 units as frequently as every 16 weeks	100 units
	Blepharospasm: Initial dose 50 units (25 units per eye) as frequently as every 12	
	weeks; subsequent doses based on past dose, response to treatment, duration of	100 units
	effect and adverse event history; dose should not exceed 100 units per treatment	100 units
	session (50 units per eye) as frequently as every 12 weeks	
	Upper limb spasticity: 400 units as frequently as every 12 weeks	400 units
	Other indications: Up to 400 units as frequently as every 12 weeks	400 units

<sup>\*</sup>Based on maximum dose for condition and vial size available DP = DrugPoints off label use/dosing

# Coding

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

CPT		
31573	Laryngoscopy, flexible; with therapeutic injection(s) (eg, chemodenervation agent or corticosteroid, injected percutaneous, transoral, or via endoscope channel), unilateral	
46505	Chemodenervation of internal anal sphincter [for diagnosis of anal fissure]	
52287	Cystourethroscopy, with injection(s) for chemodenervation of the bladder [for specified related bladder a incontinence disorders]	and
64647	Chemodenervation of trunk muscle(s); 6 or more muscles	
67345	Chemodenervation of extraocular muscle [for diagnosis of strabismus]	
46505	Chemodenervation of internal anal sphincter [for diagnosis of Hirschsprung's disease]	
64611	Chemodenervation of parotid and submandibular salivary glands, bilateral [for significant drooling]	
64612	Chemodenervation of muscle(s); muscle(s) innervated by facial nerve, unilateral (eg, for blepharospasm hemifacial spasm)	n or
64615	Chemodenervation of muscle(s); muscle(s) innervated by facial, trigeminal, cervical spinal and accesso nerves, bilateral (eg, for chronic migraine)	ry
64616	Chemodenervation of muscle(s); neck muscle(s), excluding muscles of the larynx, unilateral (eg, for cervical dystonia, spasmodic torticollis)	
64617	Chemodenervation of muscle(s); larynx, unilateral, percutaneous, (eg, for spasmodic dysphonia), include guidance by needle electromyography, when performed	les
64642	Chemodenervation of one extremity; 1-4 muscle(s)	5

<sup>§</sup> Dosing in initial and sequential treatment sessions should be tailored to the individual patient based on the patient's head and neck position, localization of pain, muscle hypertrophy, patient response, and adverse event history; mean dose in clinical study was 236 units (25th to 75th percentile range of 198 units to 300 units)

64643 Chemodenervation of one extremity; each additional extremity, 1-4 muscle(s)

64644 Chemodenervation of one extremity; 5 or more muscles

64645 Chemodenervation of one extremity; each additional extremity, 5 or more muscles

64646 Chemodenervation of trunk muscle(s); 1-5 muscle(s)
64647 Chemodenervation of trunk muscle(s); 6 or more muscles

64650 Chemodenervation of eccrine glands; both axillae

64653 Chemodenervation of eccrine glands; other area(s) (eg, scalp, face, neck), per day

**HCPCS** 

J0585 Injection, onabotulinumtoxinA, 1 unit [e.g., Botox]
J0586 Injection, abobotulinumtoxinA, 5 units [Dysport]
J0587 Injection, rimabotulinumtoxinB, 100 units [Myobloc]
J0588 Injection, incobotulinumtoxinA, 1 unit [Xeomin]
J0589 Injection, daxibotulinumtoxina-lanm, 1 unit [Daxxify]
S2340 Chemodenervation of abductor muscle(s) of vocal cord
S2341 Chemodenervation of adductor muscle(s) of vocal cord

**ICD-10 Diagnosis** 

G11.4 Hereditary spastic paraplegia

G24.01-G24.09 Drug induced dystonia

G24.1-G24.2 Genetic torsion dystonia, idiopathic nonfamilial dystonia

G24.3 Spasmodic torticollis

G24.4 Idiopathic orofacial dystonia

G24.5 Blepharospasm G24.8 Other dystonia

G24.9 Dystonia, unspecified

G25.89 Other specified extrapyramidal and movement disorders [specified as organic writer's cramp]

G35 Multiple sclerosis
G36.0 Neuromyelitis optica

G37.0 Diffuse sclerosis of central nervous system (Schilder's disease)

G37.5 Concentric sclerosis [Balo] of central nervous system

G43.001-G43.919 Migraine

G51.0-G51.9 Facial nerve disorders

G80.0-G80.9 Cerebral palsy
G81.10-G81.14 Spastic hemiplegia
G83.4 Cauda equina syndrome

G95.89 Other specified diseases of spinal cord (cord bladder NOS)

H49.00-H49.9 Paralytic strabismus H50.00-H50.9 Other strabismus

169.00-169.998 Sequelae of cerebrovascular disease

J38.3 Other diseases of vocal cords (spastic dysphonia)

J38.5 Laryngeal spasm

K11.7 Disturbance of salivary secretionK22.0 Achalasia of cardia (cardiospasm)

K59.89 Other specified functional intestinal disorders

K60.0-K60.2 Anal fissure 6

L74.510-L74.519 Primary focal hyperhidrosis
L74.52 Secondary focal hyperhidrosis

M43.6 Torticollis

M62.838 Other muscle spasm

N31.0-N31.9 Neuromuscular dysfunction of bladder, not elsewhere classified

N32.81 Overactive bladder (detrusor muscle hyperactivity)

N36.44 Muscular disorders of urethra (bladder sphincter dyssynergy)

N39.3 Stress incontinence

N39.41-N39.498 Other specified urinary incontinence

Q43.1 Hirschsprung's disease

Q68.0 Congenital deformity of sternocleidomastoid muscle

R25.2 Cramp and Spasm

R32 Unspecified urinary incontinence

R49.8-R49.9 Other and unspecified voice and resonance disorders

R61 Generalized hyperhidrosis

S06.0X0S-S06.9X9S Intracranial injury, sequela [code range, includes codes within this range with 7<sup>th</sup> character 'S']

S14.101S-S14.159S Other and unspecified injury of cervical spinal cord [code range, includes codes within this range with 7<sup>th</sup>

character 'S']

S24.101S-S24.159S Other and unspecified injury of thoracic spinal cord [code range, includes codes within this range with

7<sup>th</sup> character 'S']

S34.101S-S34.139S Other and unspecified injury of lumbar and sacral spinal cord [code range, includes codes within this

range with 7th character 'S']

# **Document History**

Revised: 06/10/2024 Document History:

- 06/10/2024 Annual Review: Remove step through migraine prophylaxis agents; move Daxxify to potential preferred based on clinical designation. Coding Reviewed: No changes.
- 11/17/2023 Select Review: Add new agent Daxxify to clinical criteria and quantity limits. Coding Reviewed: Added HCPCS
  J3590 for Daxxify. Effective 1/1/2024 Added HCPCS C9160 for Daxxify. Effective 4/1/2024 Added HCPCS J0589. Removed
  HCPCS J3590, C9160.
- 6/12/2023 Select Review: Clarified individual has to have either presence of medical complications or skin maceration with secondary infection or significant functional impairment for diagnosis of secondary hyperhidrosis. Coding Reviewed: No changes.5/19/2023 – Annual Review: Remove confirmation language; update Botox quantity limit note to clarify max dose is cumulative for all indications treated; update Dysport, Myobloc, and Xeomin quantity limit with frequency for certain indications based on label and clinical trials; consistency wording change for migraine combination use; wording and formatting updates. Coding Reviewed: No changes.
- 5/20/2022 Annual Review: Update chronic migraine criteria to include combination use with CGRP agents within specific initial and continuation sections for clarity; update hyperhidrosis to specify requirements around functional impairment; update quantity limit for axillary hyperhidrosis to every 8 weeks based on clinical trial within the label; wording and formatting updates. Coding Reviewed: No changes.
- 5/21/2021 Annual Review: Updated achalasia indication to clarify it includes internal anal sphincter achalasia; Updated migraine indication as follows: require 2 month trial of agents for migraine prophylaxis, added nortriptyline and duloxetine as allowable agents for migraine prophylaxis (AHS 2019), removed may not be approved criteria for concurrent use with prophylactic CGRP agents, updated criteria to include specific examples of clinical benefit, added allowance for concurrent therapy with prophylactic CGRP agents for initial and continued concurrent therapy; Removed may not be approved criteria for prior treatment failure of botulinum toxin for any condition; updated FDA and off-label indication chart based on new labeled indications and updated compendia off-label indications; updated quantity limit charts for new indications. Coding Reviewed: Added ICD-10-CM K59.89.
- 12/14/2020 Select Review: Added may not be used criteria for botulinum use in continuation of therapy criteria for migraine headache to clarify botulinum toxin would not be used in conjunction with CGRP agents for prophylaxis of migraine headaches for either initiation of therapy OR continuation of therapy; Added diagnosis of Upper Limb Spasticity in pediatric patients 2 and older to diagnosis chart. Coding Reviewed: No changes.
- 05/15/2020 Annual Review: Added may not be used criteria for botulinum use in migraine headache to indicate would not be
  used in conjunction with CGRP agents for prophylaxis; updated migraine initial indication to approve for 6 months and
  continuation of therapy for 1 year; Update dosing for botulinum toxin agents to indicate max dose for various indications per
  label and compendia along with maximum dispensed quantity based on vial size available. Coding Reviewed: No changes.

- 12/09/2019 Select Review: Updated approved uses chart to indicate Dysport FDA approval for upper limb spasticity in children, Myobloc FDA approval for chronic sialorrhea, added line item in chart to delineate upper limb spasticity in children and adults. Coding reviewed: Added ICD-10 codes M62.838, and R25.2
- 09/23/2019 Administrative update to add drug specific quantity limit.
- 05/17/2019 Annual Review: Update approved uses chart to indicate Xeomin new indication as first line therapy for blepharospasm (removed requirement for Botox therapy first). Coding reviewed: no changes
- 11/09/2018 Coding review, took out R13.10-R13.19 diagnosis for dysphagia to reflect removal of indication "disorder of the esophagus. Codes for dystonia no specific so kept in despite removal of cranial cervical dystonia indication. Indications removed: Cranial cervical dystonias, difficulty speaking Total laryngectomy, disorder of esophagus, isolated promandibular dystonia, organic voice tremor, pelvic floor dystonia, spasm of pharyngoesophageal segment Total laryngectomy. Remove duplicate HCPCS CPT codes: 52287, 64612, 64616, 62617, 62642, 62643, 62644, 62645, 62646, 64647.
- 8/18/2018 Annual Review: Initial review of Botulinum Toxin. Updated chart to remove indications not supported by off-label
  policy and to add FDA labeled indications for Xeomin (new) and Botox (previously unlisted); Updated indications for
  dystonia/spasticity to include labeled indications of upper and lower limb spasticity; updated criteria elements for chronic
  migraine for consistency with P&T approved CGRP criteria and diagnostic criteria for migraine headaches.

# References

- DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. http://dailymed.nlm.nih.gov/dailymed/about.cfm.
- 2. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
- 3. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2024; Updated periodically.
- 4. Bellet JS; Diagnosis and treatment of primary focal hyperhidrosis in children and adolescents. Semin Cutan Med Surg. 2010; 29:121-126. Available from: https://pdfs.semanticscholar.org/b8fd/2a8019355ede6543d90ea4bf61d36fbbf831.pdf.
- Simpson DM, Hallett M, Ashman EJ, et al. Assessment: Botulinum neurotoxin for the treatment of movement disorders (an evidence-based review): report of the Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology. Neurology 2008: 70:1699-1706.
- 6. Simpson D, Hallett M, Ashman E, et al. Practice guideline update summary: Botulinum neurotoxin for the treatment of blepharospasm, cervical dystonia, adult spasticity, and headache. *Neurology* 2016; 86:1818-1826. Reaffirmed in 2019. Available at: https://n.neurology.org/content/neurology/86/19/1818.full.pdf.
- 7. Diener HC, Dodick DW, Aurora SK, et al. OnabotulinumtoxinA for treatment of chronic migraine: results from the double-blind, randomized, placebo-controlled phase of the PREEMPT 2 trial. Cephalgia. 2010; 30(7):804-814.
- 8. Aurora SK, Dodick DW, Turkel CC, et al.; PREEMPT 1 Chronic Migraine Study Group. Onabotulinumtoxin A for treatment of chronic migraine: Results from the double-blind, randomized, placebo-controlled phase of the PREEMPT 1 trial. Cephalgia 2010; 30(7):793-803.
- 9. The American Headache Society Consensus statement: Update on integrating new migraine treatments into clinical practice. Headache. 2021; 61:1021-1039.
- Charles AC, Digre KB, Goadsby PJ, Robbins MS, Hershey A. Calcitonin gene-related peptide-targeting therapies are a first-line option for the prevention of migraine: An American Headache Society position statement update. Headache. 2024; 64: 333-341. doi:10.1111/head.14692.
- 11. Abbott J, Jarvis S, Lyons S, et al. Botulinum toxin type a for chronic pain and pelvic floor spasm in women: a randomized controlled trial. Obstet Gynecol 2006;103(4):915–923.
- 12. Dessie S, Bargen E, Hacker M, et al. A randomized, double-blind, placebo-controlled trial of onabotulinumtoxinA trigger point injections for myofascial pelvic pain. Am J Obstet Gynecol 2019.
- 13. Bartley J. Onabotulinumtoxin AVersus Kenalog for Chronic Pelvic Pain. 2019. Available: Clinicaltrials.gov; NCT02369068.
- Blumenfeld AM, Frisberg BM, Schim JD, et.al. Real-world evidence for control of chronic migraine patients receiving CGRP monoclonal antibody therapy added to onabotulinumtoxinA: A retrospective chart review. Pain Ther. 21 April 2021. https://doi.org/10.1007/s40122-021-00264-x.

Federal and state laws or requirements, contract language, and Plan utilization management programs or polices may take precedence over the application of this clinical criteria.

No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, or otherwise, without permission from the health plan.

© CPT Only - American Medical Association